ADULT ESOL LESSON PLAN
HIGH BEGINNING

ESOL COMPETENCY: Health and Nutrition
Identify body parts.

Cultural Focus:
Maintaining a healthy body is an important aspect of living a happy life.

Classroom Procedure:

1. Elicit and review vocabulary for basic body parts with students.
2. Introduce new body parts vocabulary from the vocabulary list, which may be unfamiliar to students.
3. Listening comprehension exercise: Use a total physical response by naming parts of the body and having the students point to the body part. Next use verbs from Grammar Focus to practice body parts; scratch your back, touch your nose, blink your eyes etc.
4. In pairs, label body parts on activity sheet. Use activity sheet to ask and answer questions using this, that, these, those, and regular and irregular plurals. Ex. What is this? It is a tooth. What are these? They are teeth.
5. Use items that students bring to class (Ex. clothing, jewelry, make-up, etc., to identify on which body part it belongs. Ask questions, Where does this go?" Response: It goes on your <u>head</u>." Note: Students do not need to identify the name of each item brought to class. Focus on identifying the body part where each item goes.

Grammatical Focus:
<u>Practice:</u> Going Places #1, 127-140
Using verb + body part
Ex. scratch your back, touch your nose, blink your eyes, rub your hands, open your mouth
Regular, irregular and plurals-
hand/hands, foot/feet, leg/legs,
tooth/teeth
Demonstrate-this, that, these, those

Pronunciation:
Initial consonants - h, b, m, l, f, n Silent letters – wr / wrist
kn /knee
Digraphs - sh / shoulders
ch / chin, cheeks, chest
Ending digraph- th / tooth, mouth

Community Resources:
Ask students to bring items that you put on your body. Ex. clothing, jewelry, hat, make-up, etc.

Vocabulary:
body
head, neck, throat
hair
face, eye, ear, nose
mouth, chin, cheeks
eyebrows
eyelashes
tooth / teeth
hand, wrist, fingers
leg
knee
foot / feet
toes
ankle
arm
elbow
shoulders
chest
organs
stomach
heart
lungs

Text Books:
Word by Word Book 1 Picture Dict. p. 68-69
Word by Word Book 1 Workbook, p.66-67

Materials/Additional Resources:
Picture cards (body parts), magazines
Activity Sheet 24.01 Body Parts

Evaluation:
Students identify body parts.
Students complete body parts activity sheet.